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Title: The Art of Field Dressing

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## Forward

Though I personally  
advocate the use of  
healing herbs and more  
sterile bandaging  
environments, the steps  
told in this treatise will  
suffice until better  
healing care becomes  
available. Follow these  
steps Creston's steps  
carefully, and thou wilt  
have no trouble forming a  
reliable, if not perfect,  
way to prevent serious  
blood loss. Remember,  
however, that there is  
no care as good as clean  
sheets, a sturdy bed, and  
proper attention!

--Lady Leigh of

Serpeants Hold

As long as one has  
shears, cloth, and a  
conscious mind, thou wilt  
have little fear of  
bleeding to death on the  
corpse-littered fields of  
battle. Simply cut the  
cloth into strips and  
bandages. Quickly placing  
the center of the  
bandage over the wound,  
wrap the strip around  
and around the bleeding  
area. As the cloth  
begins to soak up the  
blood, it will combine with  
the natural healing